

think outside of the box

*to think differently, unconventionally, or
from a new perspective*



The traditional concept of a “job” has forever changed and only those who are adaptable and think on their feet will be prepared to meet the “needs of tomorrow” head on.

So how can I start thinking outside the box in my workplace?

Changing up your routine and approaching things a bit differently, even if in small ways, can make a big difference in the type of ideas you generate.

Make Small Changes to Your Routine

Every time you repeat a daily task, you strengthen the synaptic pathways in your brain that have molded themselves around that task. If you park in the same spot, take breaks at the same times, and have the same conversations with the same people, then you are going to think the same thoughts. It may sound trivial, but I like to do little things like park in different areas of the parking lot in the morning and move to different workspaces within our office for different parts of the day. These small variations in my routine pull me ever so slightly out of my comfort zone—*and it is through the smallest of actions that big changes begin to happen.*

Fill Your Mind with (Good) Media

Turn off the Thursday night TV shows and pick up a book. Forget about the business books that make big promises about success, find a novel or piece of literature that resonates with you and fill your mind with it while you relax. .

Schedule in Time for Thinking

We are led to believe that being productive means taking action and “doing things” as much as possible, but sometimes that is simply not the case. Time spent in a quiet contemplation will lead to more ideas & possibly lead to the solution you were looking for.

Build a Better Relationship With Your Boss

Go out of your way to connect with your boss whenever possible. I don’t mean sucking up, I mean really try and build rapport. If you have a positive relationship with your boss, you will be much more comfortable and likely to generate better ideas and suggestions.