

determination

firm or fixed intention to achieve a desired end; the act of deciding definitely and firmly



Everything in life can be challenging, no matter your professional role. Encountering difficult situations is inevitable. Some might deal with it by bemoaning their misfortune. Others might find themselves thinking they cannot overcome these problems.

On the other hand, there are people who can conquer these situations and succeed in what they do. These highly successful people were able to rise above the challenge and go on to have great careers. One might wonder, what makes these people so different? *Most elite performers and workplace coaches believe it's all in the "mindset".* Within this, **determination** is a critical skill that impacts success, not only at work, but in our lives.

Nobody wants to admit that they lack determination, but numerous workplace studies clearly show most individuals would sooner be the nice guy, or favor harmonious relationships.

Why is determination important in the workplace (and in life)?

***Determination gives us hope** - hard work will pay off in the end

***Determination spurs creativity** - encouraging you to think outside the box to problem-solve

***Determination pushes you to go above and beyond** - excellent outcome requires effort

So, what can you do to demonstrate more determination without annoying everyone around you?

Clarify Your Focus Determined people know where they are trying to get to, in detail. Unless you have the detail sorted out in your own mind, you will struggle to communicate it to others.

Cut Down the Noise Determined people usually have a single goal they are focusing on, or at least their major goal. Shooting for hundreds of different things at the same displays lack of decision. Stop dithering and settle on one specific thing for the next 12 months that come he** or high water, you will achieve.

Whip Up the Emotion. "If it's the last thing I do. Never mind if, it's when it happens. Nothing is going to stop me." These phrases and many more can be used to convey your determination, even if it's only to yourself.

Be Tenacious and Consistent. You don't have to trumpet from the rooftops, but you do need to stick at it. Day in, day out. Month in, month out. Year in, year out, until you have arrived. Demonstrating your staying power makes it abundantly clear where you are going.