

# respect

*politeness, honor, and care shown toward someone or something*



**CareGivers**  
**of America**  
*Home Healthcare Services*

## **Benefits of Giving Respect to Each other at the Workplace**

- Respect at the workplace increases motivation and productivity among employees.
- Helps employees perceive that they are treated equally without any discrimination.
- Helps to professionally deal with the workload and difficult tasks at the workplace.
- Helps employees to rationally deal with difficult situations without losing their patience.
  - A respectful environment reduces workplace stress, problems, and conflicts.
- Respect helps to promote a positive culture, which increases employee satisfaction as employees feel happy and motivated while working in such an environment.

### **Respect comes in many forms, and they're all fairly easy to demonstrate once you've made the commitment:**

Treat people how you'd like to be treated: with kindness, courtesy and politeness.

Encourage other coworkers to share their valuable ideas.

Actively listen to others. Never interrupt or put in your two cents before they're finished.

Use other people's ideas often to increase productivity and efficiency.

Don't insult people or talk behind their back.

Don't nitpick, micromanage, criticize or demean others.

Be aware of your tone, your body language, your expression and your demeanor during all interactions. Some people can detect the slightest hints of what seems like disrespect, even if you aren't aware of it yourself.

Treat people the same no matter their race, religion, age, etc. All people you interact with should be treated equally.

Always praise more than you criticize. In addition, encourage employees to give praise to others where needed.