

fabulous

extraordinary, amazingly good; wonderful



CareGivers
of America
Home Healthcare Services

3 STEPS TO BEING FABULOUS IN THE WORKPLACE AND BEYOND

Why are so many of my friends doing just "fine"? Shouldn't they be doing great or at least be more fulfilled? Then I began asking professionals older than me. And older than them. In New York, Texas, and California. And the answers were very similar. "Work is fine, same old same old, but...enough about me, how are you?!"

When you ask an 8 year old what he wants to be when he or she grows up, what is a typical answer you hear?
"A fireman!" "A ballerina!"

We don't grow up wanting to be fine, but so many of us are. At least when it comes to work. Fine is heartbreaking to me because it does not generate authentic engagement from our talent in today's workforce. The data leads to a conclusion that we're clearly not bringing fabulous to work (for a variety of reasons!). Instead our jobs are getting a whole lot of "fine", yet we all have a fabulous inside of us.

What would our careers be like if fabulous was an option, an invitation, an opportunity from our employers and ourselves? Here are some steps designed to bring you closer to your own fabulous-ness so you can be just as authentic Monday through Friday as you are on the weekend.

Step 1

Know it. Be it. Share it. Own it. Tyra Banks, a fellow 'word wizard', has come up with the concept of "Flawesome" – *owning oneself as awesome because of and not in spite of flaws.*

Step 2

Gain more clarity on what you bring to every encounter, professionally and personally. As a consultant and entrepreneur, this awareness has raised the game. There's a silent club of folks out there that are mouthing what others are saying then clicking their own publish button. Not rocking the Member's Only jacket helped me discover some powerful things about myself:

Step 3

Make it Happen. This is about the intentional hustle of *getting it done*. Doing it. Writing, publishing, writing, publishing, being a better writer. Giving – thanks, gratitude, knowledge, time, resources, stories. Asking...with integrity and humility. I have to ask because if I don't, I'm choosing to take the long-way when I've already found the shortcut – meaningful relationships.

Let it Happen. This is a difficult one because it means letting go of the people, opportunities and relationships that are not part of the new design, by trusting your gut and going with ease. If there's no ease, I'm merely trying to wade in the water at high tide. It's also about allowing things to align and embracing a great thing instead of resigning to complacency. If I don't let the magic happen everyday, I won't know a good thing if it showcased itself to me in flashing neon lights.